

BRUNCH

Saturday & Sunday 8:00am – 2:00pm

MAINS

Corned Beef Hash – onions, bell peppers, garlic, potatoes, green onions, corned beef, two eggs over easy & choice of side	\$7.50
TOAD in a Hole – grilled sour dough, two eggs fried, double cream brie, & choice of side	\$7.50
FROG in a Ditch – grilled sour dough, two eggs fried, cotswald, country sausage patties & choice of side	\$8.75
Big Burrito – bacon, tomatoes, jalapenos, cheese, eggs, flour tortilla, onion, salsa, salsa verde, sour cream & choice of side	\$8.50
Market Scrambler – specialty sausage of the day, onions, bell peppers, eggs, cheese & choice of side, with toast	\$8.75
Goat Cheese & Eggs – fresh basil, onions, tomatoes, eggs, goat cheese & choice of side with toast	\$8.00
Brunch Daemon BLT – pepper relish, tomato, bacon, lettuce, bread, avocado mayo, egg & choice of side	\$8.25
Steak & Eggs – 4 oz. choice New York strip, one egg over easy, english muffin, tomato, chimichurri, boursian butter & choice of side	\$10.75
Alota Frittata – chorizo, egg, onion, manchego & choice of side	\$7.75
Salmon Plate – smoked salmon, greens, cucumbers, onions, capers, baguette slices, caper-onion cream cheese	\$9.00
Omelet Bar – choice of ingredients, biscuit & choice of side	\$8.50
Biscuits & Gravy – two biscuits, sausage gravy	\$4.25
Pancakes – four cakes, butter, syrup, powdered sugar	\$5.50
Chocolate Chip Pancakes – four cakes, semi-sweet chocolate chips, butter, syrup, powdered sugar	\$6.50



Strawberry Pancakes – four cakes, fresh strawberries, butter, syrup, powdered sugar	\$7.00		
Cinnamon Raisin French Toast – cinnamon raisin bread, vanilla egg custard, cinnamon icing, soaked raisins	\$5.50		
Nutella Stuffed French Toast – italian bread, nutella, vanilla egg custard, syrup, butter, powdered sugar	\$5.75		
French Toast – Italian bread, vanilla egg custard, syrup, butter, powdered sugar	\$5.50		
SIDES			
fresh fruit	\$3.00		
home fries	\$2.50		
baked apples	\$2.50		
hashbrown casserole	\$2.50		
stone ground grits	\$2.50		
A LA CARTE			
two eggs	\$1.50	country sausage (2)	\$2.50
toast (2)	\$2.00	irish bacon	\$2.75
biscuit	\$.95	slab bacon	\$3.00
bagel	\$2.50	bowl of strawberries	\$4.50
oatmeal	\$2.50	yogurt	\$3.25
granola	\$4.75	-add strawberries	\$2.50
smoked salmon	\$3.50	-add granola	\$1.50

BACK COVER

Gourmet's Market

In the heart of Bearden!



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Daily Specials

Burger Mondays
Flat Bread Pizza Tuesdays
Panini Wednesdays
Veggie Thursdays
Freestyle Fridays

BRUNCH
Saturday & Sunday

Serving Knoxville for over 30 years



5107 Kingston Pike • 865.584.8739

Café hours: Mon-Fri 7am-3pm • Sat 8am-2pm • Sunday Brunch served all weekend

FRONT COVER

DAILY BREAKFAST

Monday – Friday 7:00am – 3:00pm

Eggs & Toast – two eggs, choice of toast, butter, preserves	\$3.50
TOAD in a Hole – grilled sour dough, two eggs fried, double cream brie	\$5.50
FROG in a Ditch – grilled sour dough, two eggs fried, cotswald, country sausage patties	\$6.75
Big Burrito – bacon, tomatoes, jalapenos, cheese, eggs, flour tortilla, onion, salsa, salsa verde, sour cream	\$6.50
Market Scrambler – specialty sausage of the day, onions, bell peppers, eggs, cheese with toast	\$6.75
Goat Cheese & Eggs – fresh basil, onions, tomatoes, eggs, goat cheese, with toast	\$6.00
Omelet – three eggs, choice of four ingredients, plus cheese - with toast	\$6.75
Ingredients: onion, tomatoes, kalamata olives, roasted chicken, green onions, ham, roasted red peppers, salsa, spinach, bacon, pesto, mushrooms, sausage, artichokes, cheddar, feta, swiss	
French Toast – italian bread, vanilla egg custard, syrup, butter, powdered sugar	\$5.50

SALADS

Dressings: ranch, greek, blue cheese, caesar, raspberry vinaigrette, balsamic vinaigrette

Market Salad – lettuce mix, carrots, red onion, cucumbers, bell peppers, sprouts, grape tomatoes, choice of dressing	\$7.00
Caesar – romaine lettuce, garlic croutons, creamy caesar dressing, parmesan	\$7.00
Greek – romaine lettuce, red onion, tomatoes, kalamata olives, artichokes, feta cheese, greek vinaigrette	\$7.00
*make any of the above a demi for \$4.00	
*add chicken to any of the above for \$3.00	
Caprese Salad – fresh mozzarella, sliced tomato, basil leaves, bed of greens, extra virgin olive oil, balsamic vinegar, cracked pepper, sea salt	\$8.00
Salmon Plate – smoked salmon, greens, cucumbers, onion, capers, baguette slices, caper-onion cream cheese	\$9.00
Trio – choice of any three deli salads, greens, baguette slices	\$9.00

PAGE 2

DAILY LUNCH

Monday – Friday 7:00am – 3:00pm

COSMO'S CLASSICS

(served with house made parmesan chips & pickle)

Reuben – turkey, pastrami or corned beef, rye, sauerkraut, swiss, ruben sauce - grilled	\$8.00
Market Hero – ham, doro salami, geno salami, button mushrooms, lettuce, tomato, green onions, tomatoes, sub oil	\$8.00
Old School Veg Head – three cheeses, baguette, pepper relish, bell peppers, lettuce, tomato, sub oil	\$7.00
Fake Steak – onion, portobella mushrooms, button mushrooms, lettuce, tomato, green onions, mayo, provolone – grilled	\$7.00
Market Delight – irish bacon, italian panini bread, sun-dried tomato paste, gruyere – grilled	\$8.25
Goat Cheese – goat cheese, italian panini bread, fresh basil, tomato, sub oil – panini pressed	\$7.25
Deli Meat and Deli Salad	\$7.00
• choice of meat: smoked turkey, black forest ham, roasted chicken, roast beef, chicken salad, thai chicken salad, curry chicken salad, caper-dill tuna, low-fat tuna, pimento cheese	
• choice of bread: baguette, sour dough, rye, wheat, white, wrap	
• choice of cheese: provolone, cheddar, swiss, harvarti	
• choice of condiment: nance's mustard, yellow mustard, Dijon mustard, mayo, sub oil	
• choice of vegetable: lettuce, tomato, onion, cucumbers, sprouts, bell peppers	

COSMO'S CREATIONS

(served with house made parmesan chips & pickle)

Tuna melt – caper dill tuna, english muffin, tomato, cotswald – toasted open face	\$7.50
Daily Daemon BLT – pepper relish, lettuce, tomato, bacon, avocado mayo, choice of bread	\$6.50
Green Man – baba ganoosh, hearty wheat, avocado, sprouts, spring mix, tatini dressing, walnuts	\$7.00
Hummus & Veggie wrap – garlic & herb tortilla, black bean hummus, cucumbers, artichokes, tomatoes, sprouts, onions, bell peppers	\$7.00
Chicken & Avocado – roasted chicken, avocado, provolone, ranch, italian panini bread – panini pressed	\$7.00
The PB & B – peanut butter, caramelized-cinnamon bananas, hearty wheat – grilled	\$6.00
Pizza Panini – fresh mozzarella, sun-dried tomato paste, pesto, italian panini bread – panini pressed	\$7.00
The Captain – turkey, italian panini bread, mango chutney, no name fontinella – panini pressed	\$7.25
Southern Grilled Cheese – pimento cheese, bacon, tomatoes, bread & butter pickles, hearty wheat bread – grilled	\$8.50

SIDES

zapp's chips	\$1.25
parmesan chip basket with ranch	\$3.50
deli side (non-meat)	\$3.00

SOUPS

Made in-house and served with baguette slices
cup \$4.25 | bowl \$5.75

PAGE 3